

# Lithuania

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET . . . . .



The Lithuania GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Lithuania could include in a comprehensive tobacco control program.

The Lithuania GYTS was a school-based survey of students in grades 7, 8 and 9 conducted in 2005.

A two-stage cluster sample design was used to produce representative data for Lithuania. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 82.8%, and the overall response rate was 82.8%. A total of 1,853 students participated in the Lithuania GYTS.

#### Prevalence

72.6% of students had ever smoked cigarettes (Male = 80.4%, Female = 65.4%)  
 34.0% currently use any tobacco product (Male = 39.1%, Female = 29.2%)  
 31.3% currently smoke cigarettes (Male = 35.8%, Female = 27.0%)  
 10.0% currently use other tobacco products (Male = 14.0%, Female = 6.4%)  
 18.5% of never smokers are likely to initiate smoking next year

#### Knowledge and Attitudes

32.2% think boys and 19.2% think girls who smoke have more friends  
 8.0% think boys and 5.7% think girls who smoke look more attractive

#### Access and Availability - Current Smokers

11.0% usually smoke at home  
 37.5% buy cigarettes in a store  
 57.2% who bought cigarettes in a store were NOT refused purchase because of their age

#### Environmental Tobacco Smoke

45.0% live in homes where others smoke  
 64.9% are around others who smoke in places outside their home  
 66.3% think smoking should be banned from public places  
 66.0% think smoke from others is harmful to them  
 59.4% have one or more parents who smoke  
 28.2% have most or all friends who smoke

#### Cessation - Current Smokers

72.4% want to stop smoking  
 64.1% tried to stop smoking during the past year  
 61.3% have ever received help to stop smoking

#### Media and Advertising

89.0% saw anti-smoking media messages, in the past 30 days  
 72.9% saw pro-cigarette ads on billboards, in the past 30 days  
 63.7% saw pro-cigarette ads in newspapers or magazines, in the past 30 days  
 16.2% have an object with a cigarette brand logo  
 5.9% were offered free cigarettes by a tobacco company representative

#### School

35.5% had been taught in class, during the past year, about the dangers of smoking  
 28.9% had discussed in class, during the past year, reasons why people their age smoke  
 30.5% had been taught in class, during the past year, the effects of tobacco use

#### Highlights

- One third of the students currently use any form of tobacco; one third currently smoke cigarettes; 10% currently use some other form of tobacco.
- ETS exposure is high – 4 out of 10 students live in homes where others smoke, while two thirds of the students are around others who smoke in places outside of their home; 6 out of 10 students have one or more parents who smoke.
- Two thirds of the students think smoke from others is harmful to them.
- Two thirds of the students think smoking should be banned from public places.
- More than 7 in 10 students who are currently smoking indicated that they want to stop smoking now; two thirds of the students currently smoking tried to stop during the past year.
- Almost 90% of the students saw anti-smoking messages while 73% saw pro-cigarette ads on billboards, and over 6 in 10 students saw pro-cigarettes ads in newspapers & magazines.